

Tongue Thrust and Beyond: A Myofunctional Therapy Course

Mohamed A. Mohamed, PhD CCC-SLP, C-SLP, Reg. CASLPO, COM®

COURSE AGENDA

Day 1

8:00 - 10:30 am	<ul style="list-style-type: none">• Introduction• I.A.O.M – I.J.O.M• History and Breakdown Information• The Difference Between I.A.O.M and Other Organizations in the Field• ASHA Position Statements, Scope of Practice and Code of Ethics	2.30
10:30 -10:45 am	Break	
10:45 - 12:00 pm	<ul style="list-style-type: none">• What are Myofunctional / Orofacial Myology Disorders?• Our Definition• Importance of Myofunctional Therapy	1.15
12:00 pm	Lunch	
12:45 - 2:45 pm	<ul style="list-style-type: none">• What Kind of Myofunctional Disorders We Can and Can't Treat• Anatomy and Physiology Related to Myofunctional Therapy• The Theory of Form and Function	2.00
2:45 – 3:00 pm	Break	
3:00 - 4:30 pm	<ul style="list-style-type: none">• Normal vs. Undesirable Functions• Chewing Bolus and Collecting Process• Swallow Patterns	1.30
4:30 - 4:45 pm	Activities (attendees testing facial muscles on each other)	0.15

7.30

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Day 2

8:00 - 10:00 am	<ul style="list-style-type: none">• Oral Resting Posture• Etiologies That Can Interrupt Proper Orofacial Development• Tongue Thrust• Resting Posture of the Lips, Tongue and Jaw• Problems Associated with Abnormal Oral Posture• Articulation and Speech issues	2.00
10:00 -10:15 am	Break	
10:15 - 12:45 pm	<ul style="list-style-type: none">• Abnormal Lingual Rest Posture• Abnormal Labial Rest Posture• Abnormal Jaw Posture• Nasal Breathing vs. Chronic Open-Mouth Posture and Patency of Airway	2.30
12:45 - 1:30 pm	Lunch	
1:30 - 4:00 pm	<ul style="list-style-type: none">• Noxious Habits That Can Interrupt Proper Orofacial Development• Thumb and Digit Sucking and Understanding of the Behaviour• Lip Licking• Tongue Sucking• External Pressure to the Mandibular or Maxilla• Biting or Resting Between Teeth• Bruxism	2.30
4:00 - 4:15 pm	Break	
4:15 - 4:45 pm	Pediatric Case Study – Presentation	0.30

7.30

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Day 3

8:00 - 10:30 am	<ul style="list-style-type: none">• Pediatric Case Study – Discussion	2.00
10:30 -10:45 am	Break	
10:45 - 12:30 pm	<ul style="list-style-type: none">• Abnormal Saliva Management• Hypersensitive Gag Reflex• Sleep Apnea• Bell's Palsy	1.45
12:30 - 1:15 pm	Lunch	
1:15 - 3:45 pm	<ul style="list-style-type: none">• Ankyloglossia• Temporal Mandibular Disorder• Tongue Thrust• Is It All About Tongue Thrust?• Hierarchy of Myofunctional Therapy	2.15
3:45 - 4:00 pm	Break	
4:00 - 5:15 pm	<ul style="list-style-type: none">• Orthodontic Fundamentals• Dental Occlusion and Dental Malocclusion• Structural vs. Environmental Causes and Classification of Dental Malocclusion Activities• Adult Case Study – Presentation	1.15

7.00

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Day 4

8:00 - 9:00 am	<ul style="list-style-type: none">• Measurements and Dentofacial Deformities• Orthodontic Appliances, Fixed and Removable Appliances	1.00
9:00 - 10:30 am	<ul style="list-style-type: none">• Diagnosis and Comprehensive Myofunctional Assessment• Examination, Taking Photos, Swallowing Assessment and Finalization of the Assessment	1.30
10:30 -10:45 am	Break	
10:45 - 1:30 pm	<ul style="list-style-type: none">• Adult Case Study – Discussion• Treatment and Therapy Outline• Initial Session• Developing New Muscle Patterns• Integrating New Muscle Activities Into New Muscle Patterns• Making Correct Patterns Automatic	1.00 1.15
1:30 - 2:15 pm	Lunch	
2:15 - 4:30 pm	<ul style="list-style-type: none">• Tongue Muscle Exercises• Retraining Learned Patterns• Procedure for Eliminating Digit-Sucking Habits• Muscle Exercises	2.15
4:30 – 4:45 pm	Break	
4:45 - 5:30 pm	<ul style="list-style-type: none">• Referrals, Method of Generating and Maintaining Referral Sources and Building Referral Base Asepsis for the Orofacial Myologists• Practice Management: Scheduling, Record Keeping, Documentation, Marketing and Research	0.45
5:30 - 5:45 pm	Activities and Course Evaluation	0.15

8.00